VeZain's 3 Pillars of Stimulant Management

Stimulant Name "Stimulant XR"	Dose 10mg	Dose 20mg	Dose 30mg	Dose	Dose
Tolerance (Are there any new or worsening side effects?)	✔	✔	✗		
Effectiveness (Are the ADHD symptoms managed)	✗	✔	✔		
Duration (Document the number of hours the medication is effective for)	(Since 10mg not effective we aren't able to document Metabolism)	6 Hours	10 hours		

Instructional Example:

10mg - Was Tolerated so it got a checkmark. Though, it was NOT Effective, so an X was placed in the Effective box.

20mg - Was Tolerated and Effective so both boxes got checkmarks. ADHD symptoms returned after 6 hours, so 6 hours was documented in the Metabolism box.

Since the day is 10-12 hours the provider may add a "Bridge Dose" around 6 hours to maintain optimal dopamine level or they may increase the morning dose to try and get longer duration.

30mg - When increased to 30mg the patient started to get headaches, mood swings, irritable, decreased appetite, and Zombie effect. These could be side effects of the dose increase and an X would go in the Tolerance box. If the dose is still Effective a check would go into the box. Lastly the duration would go into the Metabolism box. While the 30mg achieved symptom management and lasted 10 hours it also caused side effects.

This shows both the patient and provider that the side effects may be caused by the dosage and not the medication itself.

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